

Ice Cream is chinese
food!

Blueberry juice boosts
memory.

Coca Cola was
originally green.

The world's oldest
known recipe is for
beer.

It takes the food seven
seconds to get from
your mouth to your
stomach.

Every month, about 9
out of 10 American
children visit a
McDonald's restaurant.

Chocolate is lower in
caffeine than tea, coffee
and coca cola.

A one ounce bar of
chocolate contains
about 6mg of caffeine,
whereas a five ounce
cup of regular coffee
contains over 40mg.

Research has shown
that allowing chocolate
to melt in your mouth
produced brain and
heart rate activity that
was simliar to - and
even stronger than -
that produced with
passionate kissing.

It takes about a week to
make a jelly bean.

Chocolate is associated with the release of serotonin, the hormone that makes you feel relaxed, calm, and happy.

Quality dark chocolate contains flavonoids which help reduced the risk of heart disease.

The largest box of chocolates contained 90,090 mint chocolates and weighed 3,226 lbs!

It was made by Marshall Field's of Chicago on November 14, 2002.

In the 1800's, rum was considered excellent for cleaning hair and keeping it healthy.

Brandy was believed to strengthen hair roots.

The purpose of the indentation at the bottom of a wine bottle is to strengthen the structure of the bottle.

White wine gets darker as it ages while red wine gets lighter.

Orange juice naturally contains a small amount of alcohol.

Japan is the largest exporter of frog's legs.

50% of pizzas in America are pepperoni.

All 13 minerals necessary for human life can be found in alcohol beverages.

The world's oldest known recipe is for beer.

On average there are 180 sesame seeds on a bun of a BigMac.

The Number One Selling Snack in the US is potato chips

Within 2 hours of standing in daylight, milk loses between half and two-thirds of its vitamin B content.

The first breakfast cereal ever produced was Shredded Wheat.

Pepsi originally contained pepsin, thus the name.

Coca Cola was originally green.

Worcestershire Sauce is basically an Anchovy ketchup.

With two forks and a charge, a pickle will emit light.

Wine will spoil if exposed to light; hence tinted bottles.

Watermelons can cost up to \$100 in Japan!

Tomatoes were originally thought to be poisonous.

To burn off one plain M&M candy, you need to walk the full length of a football field.

The 'Big Dipper' is known as 'The Casserole' in France.

There are more nutrients in the cornflake package itself than there are in the actual cornflakes.

The United Kingdom eats more cans of baked beans than the rest of the world combined.

The estimated number of M&M's sold each day in the United States is 200,000,000.

The average coach airline meal costs the airline \$4.00. The average first class meal: \$50.

The average child will eat 1,500 peanut butter and jelly sandwiches by the time he/she graduates from high school.

The average American/Canadian will eat about 11.9 pounds of cereal per year!

Strawberries have more vitamin c than oranges.

Spinach consumption in the U.S. rose 33% after the Popeye comic strip became a hit in 1931.

Rubber is one of the ingredients in bubble gum.

Rice is the chief food for half the people of the world.

Reindeer milk has more fat than cow milk.

Pumpkin rule of thumb: the darker the shell, the longer the pumpkin lasts.

Pretzels were originally invented for Christian Lent.

Pound for Pound, hamburgers cost more than new cars!

Pearls melt in vinegar.

Pancakes are commonly served for breakfast, lunch, and dinner in Australia.

Originally, Jack-O-Lanterns were made from turnips.

Onions have no flavor, only a smell.

No two cornflakes are identical!

Nachos is the food most craved by pregnant women.

More than 100 pizza box-related patents have been issued since 1976!

Milk is heavier than cream.

McDonald's salads contain up to 60% more fat than their burgers!

Ketchup was sold in the 1830's as medicine.

It takes up to four hours to hard boil an ostrich egg.

It takes twelve years of corn to make a tablespoon of corn oil.